

Where and how to prevent mould



Bathroom

When showering:

- Open the window
- Keep the bathroom door closed
- Open the ventilation grate
- Set the ventilation system to the highest setting
- Dry the walls using a squeegee
- After showering, leave the window open for another 15 minutes

When cooking:

- Leave the lid on the pot or pan whenever possible
- Switch on the cooker hood/extractor fan
- Set the ventilation system to the highest setting
- Leave the kitchen window or front/back door ajar



Kitchen

After cooking:

- Leave the cooker hood on for a while
- Leave the ventilation system on at its highest setting for another while
- Ventilate the kitchen for fifteen minutes



The living room and bedroom

In your bedroom and living room:

- Always leave a ventilation grate open or a window ajar
- Ventilate daily for fifteen minutes
- Make sure the ventilation system is always switched on

Have you done all you can and still have mould?

Feel free to contact Lefier.

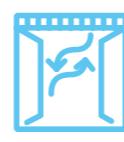
Mould is usually caused by excessive moisture in the home. It may also be caused by a defect in your home. We refer to this as a constructional cause. If this is the case, we will carry out an investigation, to see how we can solve the problem.

Nine tips against mould

Ventilate day and night:



If you don't have a ventilation grate, be sure to leave one window ajar in each room



Open ventilation grates whenever possible



Leave the mechanical ventilation on at all times

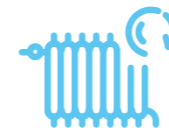
Fresh air every day:



Always ventilate; during winter as well



Daily leave a window open for at least fifteen minutes



Set the central heating to 16 degrees or higher

Don't give moisture any chance:



Dry the shower after using it



Keep the lid on pots and pans when cooking



Dry your laundry outside or near an open window

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Don't give mould any chance

Ventilate, air and heat!



Healthy air in your home

Nothing is better than healthy air in your house. This prevents moisture and mould. Read this brochure to learn how!

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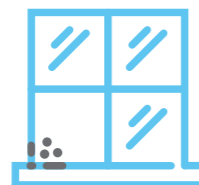
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Healthy air in your home

Fresh air in your house is good for both your health and your home. It also prevents mould from developing. Heating, airing and ventilating results in healthy air and prevents moisture from entering your house. It also allows you to save energy costs.

Mould in your house

Mould develops in cold and humid air. This can be bad for your health. You can recognize mould from dark spots on the ceiling or a wall. It starts with small dots, which may become larger stains.



Is mould caused by poor maintenance?

Too much moisture in the house causes mould. This is usually the result of poor ventilation, or insufficient heating. It may also result from moisture in the wall, or a leak that causes moisture to enter the wall or ceiling. If so, this needs to be repaired.

Removing mould

- Use lukewarm water with added soda crystals
- Use a cleaning cloth instead of a brush
- The use of chemical cleaning agents is not necessary



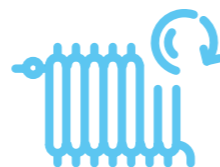
How do you make sure mould will not come back?

Mould needs humid air and cannot survive in dry, warm or fresh air. The GGD (Public Health Service) therefore advises to air, heat and ventilate every day.



Airing

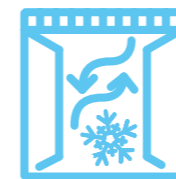
Airing means that you open the window or the front or back door for fifteen minutes. Do this whenever there is a lot of moisture in the house, such as during and after showering and cooking. Also air during and after sleeping and if you have visitors.



Turn on the heating for a moment

Energy is very expensive, so maybe you have the heating on less often.

Heating is not always necessary, especially in your bedroom. However, you still have to make sure it's not too cold. Cold may cause moisture. After ventilation, turn on the heating for a while. Mould does not like fresh, warm air.



Ventilate in winter as well

Fresh, dry air heats up faster than humid air. This is also the case in winter. Your home will warm up more quickly after ventilation

Ventilation system

A mechanical ventilation system will provide a house with fresh air. Never turn the system off completely.

If possible, choose one of the following modes:

- Day and night: the lowest setting
- When at home alone: one setting higher
- When you have a lot of visitors: highest setting
- When cooking, washing, drying, showering or doing chores: highest setting



Dry your laundry outside

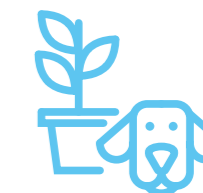
Drying laundry inside will result in a lot of moisture in your house. Dry your laundry using a drying rack on your balcony or in the garden. If this is not possible, you can dry your laundry inside. Be sure to open a window in the room where you dry laundry, and turn on the



heating in winter. Your laundry will dry faster and the moisture will leave your house more easily.

Plants and animals in your home

A large number of plants, pets or a tropical aquarium provides additional moisture in the house. In this case, ventilate 24 hours a day and feel free to air a little longer. Dry your dog once you're back inside after walking through rain.



Want to know more about mould?

You will find a lot of information on the GGD website: Removing and preventing mould – ggdleefomgeving.nl.